

the News of Adult Care of Chester County

Care from the Heart that's State of the Art

Important Information Session for Caregivers: Update on Hospitalization and Discharge Practices

On Thursday, May 7th from 5-7pm, Adult Care of Chester County will host an evening education event which will include a complimentary light meal and extended day of care for your loved one, if needed. This information session will be a great opportunity to engage in conversation with leaders of C-5 Coalition, a group of Chester County medical providers and leaders who are aiming to reduce hospital readmissions in the senior population. This topic will help to walk caregivers through recent governmental changes and the impact they are having on hospitalizations and discharge practices. It is more important than ever for caregivers to be knowledgeable of the possible obstacles and challenges that may occur.

The goal of this session is to encourage caregivers to become more informed and to encourage them to actively advocate for their family member during the transition time from hospital to home. It is especially important to know your rights and to prepare a plan in advance before a crisis occurs. We look forward to seeing you at this event. If the primary caregiver cannot attend for some reason, we strongly encourage another family member to attend this event to learn and make use of the great information being shared.

Please register early for this event by calling Kim at 610-363-8044 or by emailing Kmarnien@acofcc.org.



March 2015

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The mission of Adult Care of Chester County is to support and empower families in their caregiving experience by offering them a welcoming, friendly day service that provides state of the art care from a highly trained, relentlessly competent, and compassionate staff dedicated to enabling their loved ones to physically and cognitively thrive so they can remain at home for as long as possible.

Spring Dinner & Talent Show - Exton Center
Sunday, April 19, 2015 at 2:00 PM



Exton Center at 201 Sharp Lane, Exton, PA 19341 | 610.363.8044
Southern Center at 500 Old Forge Lane, Suite 503, Kennett Square, PA 19348 | 610.388.1166



Caregiver Coffee Hour at Adult Care of Chester County

Looking for a convenient way to get in touch with other local caregivers? Don't forget that Adult Care of Chester County hosts a Caregiver Coffee Hour twice each month. We begin at 10:30 AM and usually end around noon on the second and fourth Monday of the month. Come anytime; no registration is required. Feel free to bring a friend. Take time for yourself and attend one of our Caregiver Coffee Hours.

Coffee Hour Topic

March 23 - Maintain your Brain - Tips for staying healthy

April 13 - Reducing Fall Risk

April 27 - Approaches to Bathing

Call Kim at 610-363-8044 for more information.

Other Upcoming Caregiver Educational Opportunities

April 27, 2015—Alzheimer's Association Annual Conference in King of Prussia. www.alz.org for info

Penn Memory Center and Surrey Services—Free informative lectures on Alzheimer's and Dementia

March 20, 2015—How Early Can We Diagnose Alzheimer's Disease?

April 17, 2015— Cognitive Aging and Cognitive Fitness: A Proactive Approach

May 15, 2015— Caring for the Dementia Caregiver

For more information call Nicole at Surrey at 610 647-9172

Reflections

The month of February was full of celebrations for the staff and participants of ACCC. We had fun celebrating several birthdays among the participants. On Valentine's Day, spirits were lifted high as staff and participants exchanged Valentine cards and candy. Spirits soared even higher as the Center hosted a party for Mardi Gras! On that day, everyone wore colorful beads and enjoyed cake and music. We also selected a king and queen for our Mardi Gras celebration. A great time was enjoyed by everyone at our exciting Mardi Gras Gala! March promises to be an entertaining month. Of course, we plan to celebrate a few more birthdays that are coming up. In addition, we plan to work on a fitness program called "Going Fit." We expect that this physical activity will get our blood flowing in a positive way. Also, this month, we will recognize a lucky participant to be our "Participant of the Month." Towards the end of March, we plan to assemble Easter baskets for children with the help of a local church. As March ends, we will definitely be ready for Spring!

The participants in Exton had a busy month as well. Some family members were able to attend and share special moments.....a few snapshots from the Valentine's Dance.



Celebration Corner

Happy Birthday this Month

Participants: Bryan J. 3/5, Ross F. 3/7, Patricia S. 3/10, Paul S. 3/17, Kathryn D. 3/19, Romeo G. 3/24, Susan S. 3/28 and Audrey B. 3/31

Staff: Danielle B. 3/1, Maura F. 3/11, Diana D. 3/21

Staff Anniversaries:

Eileen Griffin 3/18/13

Welcoming New Participants

Exton: James C., Donald D., Judy P., Patricia S., Romeo G., Barbara F., and Maryann S.



Six Elected to the Board of Directors

In August 2014, Adult Care of Chester County (ACCC) approved the Strategic Plan for 2014-2017. Successful implementation of the Strategic Plan requires that additional members be recruited to the Board of Directors (Board) to assist in achieving the goals and action steps contained in the plan. As shared in our August 2014 newsletter, the responsibilities of the Board of Directors include: a commitment to the mission, support the Chief Executive and assess his or her performance; ensure effective organizational planning; ensure adequate resources; manage resources effectively; determine, monitor and strengthen the programs and services; enhance the organization's public standing; ensure legal and ethical integrity and maintain accountability; and recruit and orient new board members and assess board performance.

A Board sub-committee has been actively recruiting new board members and we are pleased to introduce the newest members of the ACCC Board: Deborah Dart, Krista Fuchs, Nancy Hauser, Robert Mancill, Susan Pizzi and Kathleen Purcell. ACCC is fortunate to have these knowledgeable and talented individuals to join our Board of Directors. Please join us in welcoming them!

Deborah Dart

Deborah Dart is a non-profit accounting consultant who assists non-profit organizations to set up and manage accounting operations to control and protect assets, to provide accurate financial reporting to their boards, to avoid activities that put tax-exempt status at risk, to develop policies and procedures, and facilitate external audit. She received a B.S. degree from West Virginia University, and completed additional coursework at Immaculata University in accounting.



Krista Fuchs

Krista Fuchs has been a realtor at Berkshire Hathaway Home Services Fox and Roach Realtors since 2004. She helps people in the buying and selling of homes, new construction, investment properties and rentals. She also assists in home assessments to lower property taxes. She received her B.S. degree in Molecular Biology with a minor in Chemistry from Millersville University. She researched cancer at various centers and universities for about 7 years before becoming a realtor.



Nancy Hauser

Rev. Nancy Hauser has been the Priest in Charge/Deacon at the Episcopal Church of the Advent in Kennett Square since 2005. In addition, she has extensive teaching experience for grades K-12 and the community college level, career counseling experience, and served as Director/Head Teacher of the St. James Episcopal Community Nursery School in Downingtown. She received her M.Div. degree in Anglican Studies from Lutheran Theological Seminary at Philadelphia, her M.S.Ed degree in Psychological Foundations of Education and her B.S.Ed degree in Elementary Education and Music, both from the State University of New York.



Robert Mancill

Thomas Mancill, the Chief Financial Officer at Pocopson Home since 2003, is responsible for supervising staff to ensure accurate and timely recording of resident services, monthly billing, posting of daily receipts, and payments to vendors and contractors. He generates the budget, and prepares the monthly and annual financial reports for internal management, external auditors, and all state and federal agencies. Thomas received his B.S. degree in Accounting from West Chester University and actively served for 4 years in the Navy.



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Susan Pizzi

Susan Pizzi has been the Coordinator, Community Health Education for Penn Medicine/Chester County Hospital since 1996. Prior to that she was the Director, Public Health Education for the Chester County Health Department. In these positions, her responsibilities included coordinating hospital activities involving community health education and promotion and providing leadership in the development and delivery of community-centered chronic and communicable health education programs and services. Susan received her B.S. degree in Public Health Education from West Chester University, her Registered Nurse Diploma from the Bryn Mawr School of Nursing, and her M.S. degree in Health Education from St. Joseph's University.



Kathleen Purcell

Kathleen Purcell was the executive director at Golden Living Community in Phoenixville managing the overall operations for personal care home, including budget, staffing, and building maintenance until 2014. In addition, she has been a fund raising consultant since 2009, providing fundraising, marketing, and partnership building strategies to a diverse client base of non-profit organizations. Kathleen obtained her M.A. degree from Seton Hall University in Corporate and Public Communications with a minor in Marketing. She also received her B.A. from Temple University in Speech Science and PA certification for both personal care home administrator and assisted living administrator from Penn State University.



BINGO with Coach bags - Saturday, April 18, 2015

This will be our 2nd BINGO with Coach bags at Adult Care of Chester County! The committee has been buying the Coach items and working on event details. There will be raffles (50/50, filled baskets raffle and more). Plan to be part of this fun event. Doors will open at 6:00 PM and BINGO will start at 7:00 PM. Food and beverages will be available for purchase. Visit our website www.acofcc.org for more information.



Holiday Schedule

Friday, April 3, 2015—the Centers are Open regular hours—if you have a change in schedule please let the center know as soon as you know.

Monday, May 25, 2015 the centers will be closed in observance of Memorial Day.

Saturday Program

The Saturday program is being changed to EVERY OTHER Saturday. The schedule for the Saturday Program for the next 2 months will be:

Open March 14, 2015

Open March 28, 2015

Open April 11, 2015

Open April 25, 2015

In April the need for the Saturday program will be re-evaluated to determine the schedule going forward.

Contributors

Reflections from Southern Center submitted monthly by Darren El.

Exton Spotlight articles submitted by Pat DeHart.

Assembled by Pat Shull

Board of Directors

Chair, Amy Balian

Past-Chair Linda M. Rhodes, Ed.D

Treasurer, Joseph Stratton, MBA

Secretary, Judith Royal, MBA

Members:

David Carter, MBA, Deborah Dart, Krista Fuchs, Mary Fuchs, MBA, Nancy Hauser, MMin, Kristen R. Matthews, J.D., LL.M., Tom Mancill, Susan Pizzi, Kathleen T. Purcell, Bernice Soffer, MSW

