

Adult Care of Chester County - Longwood

June 05, 2017 - June 18, 2017

Each day activities include AM snack, walking, lunch and PM snack

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|--|---|---|---|
| <i>Jun 5</i> | <i>Jun 6</i> | <i>Jun 7</i> | <i>Jun 8</i> | <i>Jun 9</i> |
| <div style="border: 1px solid black; background-color: #e0ffe0; padding: 2px; margin-bottom: 5px;">AM Activities</div> Rise N Shine Tai Chi Amazing Animal Trivia Horseshoes Noodle Game <div style="border: 1px solid black; background-color: #e0ffe0; padding: 2px; margin-bottom: 5px;">PM Activities</div> Individual Activities Hangman Sit Down Exercise Skeeball <div style="border: 1px solid black; padding: 2px; margin-top: 5px;">Robert F's Birthday (6/4)</div> | <div style="border: 1px solid black; background-color: #e0ffe0; padding: 2px; margin-bottom: 5px;">AM Activities</div> Rise N Shine Tai Chi Connect 5 Finishing Lines Frog Hop <div style="border: 1px solid black; background-color: #e0ffe0; padding: 2px; margin-bottom: 5px;">PM Activities</div> Individual Activities Sit Down Exercise <div style="border: 1px solid black; padding: 2px; margin-bottom: 5px;">Elmer H's Birthday</div> Elvis-1:30 | <div style="border: 1px solid black; background-color: #e0ffe0; padding: 2px; margin-bottom: 5px;">AM Activities</div> Rise N Shine Tai Chi Animal Flash Cards Dog House Ring Toss <div style="border: 1px solid black; background-color: #e0ffe0; padding: 2px; margin-bottom: 5px;">PM Activities</div> Individual Activities Fishing Game Outburst Sit Down Exercise | <div style="border: 1px solid black; background-color: #e0ffe0; padding: 2px; margin-bottom: 5px;">AM Activities</div> Rise N Shine Tai Chi Bocce Guess The Sound Ring Toss <div style="border: 1px solid black; background-color: #e0ffe0; padding: 2px; margin-bottom: 5px;">PM Activities</div> Individual Activities Bean Bag Toss Charades Sit Down Exercise | <div style="border: 1px solid black; background-color: #e0ffe0; padding: 2px; margin-bottom: 5px;">AM Activities</div> Rise N Shine Tai Chi Categories <div style="background-color: #ffe0ff; padding: 2px; margin-bottom: 5px; text-align: center;">Music Therapy 10:45-11:30</div> Twister Toss <div style="border: 1px solid black; background-color: #e0ffe0; padding: 2px; margin-bottom: 5px;">PM Activities</div> Dancing and Sing-a-Long Sit Down Exercise Animal Dance-1:45 |
| | | Pet Appreciation Week | | |
| <i>Jun 12</i> | <i>Jun 13</i> | <i>Jun 14</i> | <i>Jun 15</i> | <i>Jun 16</i> |
| <div style="border: 1px solid black; background-color: #e0ffe0; padding: 2px; margin-bottom: 5px;">AM Activities</div> Rise N Shine Tai Chi Bowling Call Out The Answer Tic Tac Toe <div style="border: 1px solid black; background-color: #e0ffe0; padding: 2px; margin-bottom: 5px;">PM Activities</div> Individual Activities Basketball Sit Down Exercise Who or What Am I? | <div style="border: 1px solid black; background-color: #e0ffe0; padding: 2px; margin-bottom: 5px;">AM Activities</div> Rise N Shine Tai Chi <div style="border: 1px solid black; padding: 2px; margin-bottom: 5px;">Bill and Carol Lea 10:00</div> Sensory Time <div style="border: 1px solid black; background-color: #e0ffe0; padding: 2px; margin-bottom: 5px;">PM Activities</div> Individual Activities Ball Toss Sit Down Exercise Trivia Treasury | <div style="border: 1px solid black; background-color: #e0ffe0; padding: 2px; margin-bottom: 5px;">AM Activities</div> Rise N Shine Tai Chi Balloon Volleyball More Clue Shuffleboard <div style="border: 1px solid black; background-color: #e0ffe0; padding: 2px; margin-bottom: 5px;">PM Activities</div> Individual Activities Golf Toss Sit Down Exercise Story Time | <div style="border: 1px solid black; background-color: #e0ffe0; padding: 2px; margin-bottom: 5px;">AM Activities</div> Rise N Shine Tai Chi Darts Great States Trivia Memory Ball <div style="border: 1px solid black; background-color: #e0ffe0; padding: 2px; margin-bottom: 5px;">PM Activities</div> Individual Activities Dan Pell-1:30 Sit Down Exercise | <div style="border: 1px solid black; background-color: #e0ffe0; padding: 2px; margin-bottom: 5px;">AM Activities</div> Patriotic Dance-1:45 Rise N Shine Tai Chi Charades Down Memory Lane <div style="background-color: #ffe0ff; padding: 2px; margin-bottom: 5px; text-align: center;">Music Therapy 10:45-11:30</div> <div style="border: 1px solid black; background-color: #e0ffe0; padding: 2px; margin-bottom: 5px;">PM Activities</div> <div style="border: 1px solid black; padding: 2px; margin-bottom: 5px; text-align: center;">Patriotic Sing-A-Long and Flag Parade 2:00</div> Sit Down Exercise |
| | | Celebrate the Flag Week | | |

The 4th Tuesday of each month "Bible Study with June" is offered (2:00) to those who choose to take part.

Each month after Bill Carolea complete their country music, they offer a gospel music session for those who choose to listen.

Adult Care of Chester County - Longwood

June 19, 2017 - July 02, 2017

Each day activities include AM snack, walking, lunch and PM snack

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|--|--|--|--|
| <i>Jun 19</i> | <i>Jun 20</i> | <i>Jun 21</i> | <i>Jun 22</i> | <i>Jun 23</i> |
| <div style="border: 1px solid black; background-color: #e0ffe0; padding: 2px; margin-bottom: 5px;">AM Activities</div> Rise N Shine Tai Chi Bocce Mind Joggers Noodle Game <div style="border: 1px solid black; background-color: #e0ffe0; padding: 2px; margin-bottom: 5px;">PM Activities</div> Individual Activities Fishing Game Sit Down Exercise You Be The Judge <div style="border: 1px solid black; background-color: #e0ffe0; padding: 2px; margin-bottom: 5px;">Mary B's Birthday</div> | <div style="border: 1px solid black; background-color: #e0ffe0; padding: 2px; margin-bottom: 5px;">AM Activities</div> Rise N Shine Tai Chi Basketball Darts Poetry / Reading <div style="border: 1px solid black; background-color: #e0ffe0; padding: 2px; margin-bottom: 5px;">PM Activities</div> Father's Day Special Individual Activities <div style="border: 1px solid black; background-color: #e0ffe0; padding: 2px; margin-bottom: 5px;">Father's Day Social</div> Sit Down Exercise | <div style="border: 1px solid black; background-color: #e0ffe0; padding: 2px; margin-bottom: 5px;">AM Activities</div> Rise N Shine Tai Chi Horseshoes Sensory Time Skeeball <div style="border: 1px solid black; background-color: #e0ffe0; padding: 2px; margin-bottom: 5px;">PM Activities</div> Individual Activities Gentleman's Gatherings Ring Toss Sit Down Exercise | <div style="border: 1px solid black; background-color: #e0ffe0; padding: 2px; margin-bottom: 5px;">AM Activities</div> Rise N Shine Tai Chi Dice Bowling Golf Toss Sports Trivia <div style="border: 1px solid black; background-color: #e0ffe0; padding: 2px; margin-bottom: 5px;">PM Activities</div> Individual Activities Luken's Band-1:30 Sit Down Exercise | <div style="border: 1px solid black; background-color: #e0ffe0; padding: 2px; margin-bottom: 5px;">AM Activities</div> Dancing & Sing-A-Long Rise N Shine Tai Chi Hula Toss <div style="border: 1px solid black; background-color: #ffe0ff; padding: 2px; margin-bottom: 5px; text-align: center;">Music Therapy 10:45-11:30</div> Take A Guess Trivia <div style="border: 1px solid black; background-color: #e0ffe0; padding: 2px; margin-bottom: 5px;">PM Activities</div> <div style="border: 1px solid black; background-color: #e0ffe0; padding: 2px; margin-bottom: 5px;">Beach Dance 1:30PM</div> Sit Down Exercise |
| Father and Sun Week (celebration of fathers and the arrival of summer) | | | | |
| <i>Jun 26</i> | <i>Jun 27</i> | <i>Jun 28</i> | <i>Jun 29</i> | <i>Jun 30</i> |
| <div style="border: 1px solid black; background-color: #e0ffe0; padding: 2px; margin-bottom: 5px;">AM Activities</div> Rise N Shine Tai Chi Connect 5 Strengthening Your Mind Twister Toss <div style="border: 1px solid black; background-color: #e0ffe0; padding: 2px; margin-bottom: 5px;">PM Activities</div> Individual Activities Memory Ball Sit Down Exercise Word Teasers | <div style="border: 1px solid black; background-color: #e0ffe0; padding: 2px; margin-bottom: 5px;">AM Activities</div> Rise N Shine Tai Chi Basket and Balls Bean Bag Toss Bingo <div style="border: 1px solid black; background-color: #e0ffe0; padding: 2px; margin-bottom: 5px;">PM Activities</div> Individual Activities Ball Toss Everyday Life Trivia Sit Down Exercise <div style="border: 1px solid black; background-color: #e0ffe0; padding: 2px; margin-bottom: 5px;">Holbrook B's Birthday</div> | <div style="border: 1px solid black; background-color: #e0ffe0; padding: 2px; margin-bottom: 5px;">AM Activities</div> Rise N Shine Tai Chi Golf More This-n- That Skeeball <div style="border: 1px solid black; background-color: #e0ffe0; padding: 2px; margin-bottom: 5px;">PM Activities</div> Individual Activities Sit Down Exercise Target Toss Thinklers Trivia | <div style="border: 1px solid black; background-color: #e0ffe0; padding: 2px; margin-bottom: 5px;">AM Activities</div> Rise N Shine Tai Chi Alphabet Soup Balloon Volleyball Sand Bucket Toss <div style="border: 1px solid black; background-color: #e0ffe0; padding: 2px; margin-bottom: 5px;">PM Activities</div> <div style="border: 1px solid black; background-color: #e0ffe0; padding: 2px; margin-bottom: 5px;">Ed The Music Man 1:30 PM</div> Individual Activities Sit Down Exercise | <div style="border: 1px solid black; background-color: #e0ffe0; padding: 2px; margin-bottom: 5px;">AM Activities</div> Rise N Shine Tai Chi Charades Darts <div style="border: 1px solid black; background-color: #ffe0ff; padding: 2px; margin-bottom: 5px; text-align: center;">Music Therapy 10:45-11:30</div> Noodle Game <div style="border: 1px solid black; background-color: #e0ffe0; padding: 2px; margin-bottom: 5px;">PM Activities</div> <div style="border: 1px solid black; background-color: #e0ffe0; padding: 2px; margin-bottom: 5px;">Group Volleyball</div> Sit Down Exercise |
| Sand, Surf and Seashells Week | | | | |

The 4th Tuesday of each month "Bible Study with June" is offered (2:00) to those who choose to take part.

Each month after Bill Carolea complete their country music, they offer a gospel music session for those who choose to listen.