

Adult Care of Chester County - Friendship Circle

June 05, 2017 - June 18, 2017

Each day activities include AM snack, lunch, PM snack, walking program, exercise and more.

Monday	Tuesday	Wednesday	Thursday	Friday
<p><i>Jun 5</i></p> <p>AM Activities</p> <p>Rise N Shine</p> <p>Tai Chi exercises</p> <p>Current Events</p> <p>Shake Out The Truth</p> <p>Music Therapy 10:30-11:15</p> <p>PM Activities</p> <p>Picnic Day</p> <p>Sensory Film</p>	<p><i>Jun 6</i></p> <p>AM Activities</p> <p>Rise N Shine</p> <p>Tai Chi exercises</p> <p>Balloon Toss</p> <p>Everyday Items Flash Cards</p> <p>Shel Silverstein's Book "Falling Up"</p> <p>Story Time</p> <p>PM Activities</p> <p>Massage / Relaxation</p> <p>Poems</p> <p>Sit down Exercise</p>	<p><i>Jun 7</i></p> <p>AM Activities</p> <p>Rise N Shine</p> <p>Tai Chi exercises</p> <p>Ball Toss</p> <p>Black and Red Card Game</p> <p>Musical Exercise</p> <p>Proverbs</p> <p>PM Activities</p> <p>Animal Video</p> <p>Children's Letters To God.</p> <p>Stretching Exercises</p>	<p><i>Jun 8</i></p> <p>AM Activities</p> <p>Rise N Shine</p> <p>Tai Chi exercises</p> <p>Baking Demonstration</p> <p>Bean Bag Toss</p> <p>Story Lines</p> <p>PM Activities</p> <p>Music Therapy 1:30-2:15</p> <p>Dr. Seuss Book</p> <p>Shapes</p> <p>Sit down Exercise</p>	<p><i>Jun 9</i></p> <p>AM Activities</p> <p>Rise N Shine</p> <p>Tai Chi exercises</p> <p>Animal Flash Csrd</p> <p>Sequence Games</p> <p>Stretching Exercises</p> <p>PM Activities</p> <p>Sing-a-long/Walt</p> <p>Penny Ante</p> <p>Sensory Kit</p> <p>Sit down Exercise</p>
		Pet Appreciation Week		
<p><i>Jun 12</i></p> <p>AM Activities</p> <p>Rise N Shine</p> <p>Tai Chi exercises</p> <p>Ball Toss</p> <p>Color Trivia</p> <p>Poetry</p> <p>Sit down Exercise</p> <p>PM Activities</p> <p>Bean Bag Toss</p> <p>Patriotic Sing-a-Long and Parade 2:00</p> <p>Pizza Book</p>	<p><i>Jun 13</i></p> <p>AM Activities</p> <p>Rise N Shine</p> <p>Tai Chi exercises</p> <p>Coloring</p> <p>Hand Jives</p> <p>Phonics Flash Cards</p> <p>PM Activities</p> <p>Name 3</p> <p>Simon Says</p> <p>Stretching Exercises</p>	<p><i>Jun 14</i></p> <p>AM Activities</p> <p>Rise N Shine</p> <p>Tai Chi exercises</p> <p>Chocolate Chip Cookie Book</p> <p>Craft</p> <p>National Geographic Video</p> <p>Sit down Exercise</p> <p>PM Activities</p> <p>Go Fish</p> <p>Price Is Right</p> <p>Bill & Carol Lea 2:00</p>	<p><i>Jun 15</i></p> <p>AM Activities</p> <p>Rise N Shine</p> <p>Tai Chi exercises</p> <p>Baking</p> <p>Bean Bag Toss</p> <p>Black and Red Card Game</p> <p>Phonics Flash Cards</p> <p>PM Activities</p> <p>Pass The Hat</p> <p>Proverbs</p>	<p><i>Jun 16</i></p> <p>AM Activities</p> <p>Rise N Shine</p> <p>Tai Chi exercises</p> <p>Flash Cards</p> <p>Multi group Volleyball 10:00</p> <p>Name That Color</p> <p>Phonics Flash Cards</p> <p>Sensory Kit</p> <p>PM Activities</p> <p>Sing-a-long/Walt</p> <p>Ball Toss</p> <p>Do You Hear What I Hear?</p>
		Celebrate the Flag Week		

Each Wednesday morning Rosary is offered to anyone interested. Catholic Communion is offered every Wednesday morning. On the 3rd Wednesday each month Protestant Communion is offered. Each Thursday morning some participants gather for a Bible Study.

Adult Care of Chester County - Friendship Circle

June 19, 2017 - July 02, 2017

Each day activities include AM snack, lunch, PM snack, walking program, exercise and more.

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Jun 19</p> <p>AM Activities</p> <p>Rise N Shine</p> <p>Tai Chi exercises</p> <p>Sensory Time</p> <p>Music Therapy 10:30-11:15</p> <p>PM Activities</p> <p>Ball Roll</p> <p>Father's Day Social</p> <p>Individual/small group activities</p> <p>National Geographic Video</p> <p>Angelo V's Birthday (6/18)</p>	<p>Jun 20</p> <p>AM Activities</p> <p>Rise N Shine</p> <p>Tai Chi exercises</p> <p>500 Things To KnowAbout Animals</p> <p>Flash Cards</p> <p>Opposites</p> <p>PM Activities</p> <p>Large Group Enhanced Exercise 2:00</p> <p>Sensory Kit</p> <p>Sit down Exercise</p>	<p>Jun 21</p> <p>AM Activities</p> <p>Rise N Shine</p> <p>Tai Chi exercises</p> <p>Grooming</p> <p>Listening To Music</p> <p>Read Magazines</p> <p>Sit down Exercise</p> <p>PM Activities</p> <p>Read Stories</p> <p>Shel Silverstein Book "Falling Up"</p> <p>Sit down Exercise</p> <p>Stretching Exercises</p>	<p>Jun 22</p> <p>AM Activities</p> <p>Rise N Shine</p> <p>Tai Chi exercises</p> <p>Baking Demonstration</p> <p>Hot & Cold</p> <p>Simon Says</p> <p>Stretching Exercises</p> <p>PM Activities</p> <p>Father's Day Social</p> <p>Poems</p> <p>Sit down Exercise</p>	<p>Jun 23</p> <p>AM Activities</p> <p>Rise N Shine</p> <p>Tai Chi exercises</p> <p>Animal Film</p> <p>Chicken Soup Book</p> <p>Coloring</p> <p>PM Activities</p> <p>Sing-a-long/Walt</p> <p>Name 3</p> <p>Relaxation Music</p> <p>Sit down Exercise</p>
Father & Sun Week (celebrating fathers and the start of Summer)				
<p>Jun 26</p> <p>AM Activities</p> <p>Rise N Shine</p> <p>Tai Chi exercises</p> <p>Chicken Soup Book</p> <p>Grooming</p> <p>Sit down Exercise</p> <p>PM Activities</p> <p>Ball Toss</p> <p>Sensory Time</p>	<p>Jun 27</p> <p>AM Activities</p> <p>Rise N Shine</p> <p>Tai Chi exercises</p> <p>Phonics Flash Cards</p> <p>Read Magazines</p> <p>PM Activities</p> <p>Multi group Volleyball 1:30</p> <p>Name 3</p> <p>Sit down Exercise</p>	<p>Jun 28</p> <p>AM Activities</p> <p>Rise N Shine</p> <p>Tai Chi exercises</p> <p>Movie Matinee</p> <p>Sit down Exercise</p> <p>PM Activities</p> <p>Musical Movement</p> <p>Poems</p>	<p>Jun 29</p> <p>AM Activities</p> <p>Rise N Shine</p> <p>Tai Chi exercises</p> <p>Baking</p> <p>Hand Jives</p> <p>Phonics Flash Cards</p> <p>PM Activities</p> <p>Black and Red</p> <p>Name 3</p>	<p>Jun 30</p> <p>AM Activities</p> <p>Rise N Shine</p> <p>Tai Chi exercises</p> <p>Copter Darts</p> <p>Phonics Flash Cards</p> <p>Pizza Book</p> <p>PM Activities</p> <p>Sing-a-long/Walt</p> <p>Animal Film</p> <p>Sensory Kit</p>
Sand, Surf and Seashells Week				

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