

Adult Care of Chester County Club

January 02, 2012 - January 15, 2012

Each day activities include AM snack, lunch and PM snack

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p style="text-align: center; color: #800000; font-weight: bold;"><i>Jan 2</i></p> <p style="background-color: #e6e6fa; padding: 2px;">AM Activities</p> <p>Walking Time</p> <p>Tai Chi exercises</p> <p>Chux</p> <p style="background-color: #ffff00; padding: 2px;">Music Therapy 10:30-11:15</p> <p>Numbers Trivia</p> <p style="background-color: #e6ffe6; padding: 2px;">PM activities</p> <p>Sit down Exercise</p> <p>Take A Guess</p> <p>Tin Can Toss</p> <p>Would You Rather</p>	<p style="text-align: center; color: #800000; font-weight: bold;"><i>Jan 3</i></p> <p style="background-color: #e6e6fa; padding: 2px;">AM Activities</p> <p>Walking Time</p> <p>Tai Chi exercises</p> <p>Noodle Ball</p> <p>Sit down exercise</p> <p>Who Am I</p> <p style="background-color: #e6ffe6; padding: 2px;">PM activities</p> <p>Alphabet Soup</p> <p>Ball Toss</p> <p>Copter Darts</p> <p>Paws For Pictures</p>	<p style="text-align: center; color: #800000; font-weight: bold;"><i>Jan 4</i></p> <p style="background-color: #e6e6fa; padding: 2px;">AM Activities</p> <p>Walking Time</p> <p>Tai Chi exercises</p> <p>Moments To Remember</p> <p>Proverbs</p> <p>Seasonal Bean Bag Toss</p> <p style="background-color: #e6ffe6; padding: 2px;">PM activities</p> <p>Air Darts</p> <p>Everyday Life Flash Cards</p> <p>Horseshoes</p> <p>Mind Stretchers</p> <p>Sit down Exercise</p>	<p style="text-align: center; color: #800000; font-weight: bold;"><i>Jan 5</i></p> <p style="background-color: #e6e6fa; padding: 2px;">AM Activities</p> <p>Walking Time</p> <p>Tai Chi exercises</p> <p>Magnetic Darts</p> <p>Sensory Kit</p> <p>Sit down exercise</p> <p style="background-color: #e6ffe6; padding: 2px;">PM activities</p> <p>Bingo</p> <p style="background-color: #ffff00; padding: 2px;">Music Therapy 1:30-2:15</p> <p>Trivia</p>	<p style="text-align: center; color: #800000; font-weight: bold;"><i>Jan 6</i></p> <p style="background-color: #e6e6fa; padding: 2px;">AM Activities</p> <p>Walking Time</p> <p>Tai Chi exercises</p> <p>Crossword Puzzle (Easy)</p> <p>Sit Down Exercise</p> <p>Tin Can Toss</p> <p style="background-color: #e6ffe6; padding: 2px;">PM activities</p> <div style="border: 1px solid black; padding: 2px; display: inline-block;">Sing-a-long/Walt</div> <p>Bocci</p> <p>Dice Bowling</p> <p>Jokes</p> <p>Ring Toss</p>	<p style="text-align: center; color: #800000; font-weight: bold;"><i>Jan 7</i></p> <p style="background-color: #e6e6fa; padding: 2px;">AM Activities</p> <p>Rise N Shine</p> <p>Tai Chi exercises</p> <p>Ball Toss</p> <p>Music Trivia</p> <p>Parachute</p> <p style="background-color: #e6ffe6; padding: 2px;">PM activities</p> <p>Ring Toss</p> <p>Short Stories</p> <p>Skee Ball</p> <p>Sit down exercises</p>
<p style="text-align: center; color: #800000; font-weight: bold;"><i>Jan 9</i></p> <p style="background-color: #e6e6fa; padding: 2px;">AM Activities</p> <p>Walking Time</p> <p>Tai Chi exercises</p> <p>Ball Toss</p> <p>Casino Downs</p> <p>Sit Down Exercise</p> <p style="background-color: #e6ffe6; padding: 2px;">PM activities</p> <p>Movie Matinee</p> <p style="background-color: #ffff00; padding: 2px;">Music Therapy 1:30-2:15</p> <p>Poetry</p>	<p style="text-align: center; color: #800000; font-weight: bold;"><i>Jan 10</i></p> <p style="background-color: #e6e6fa; padding: 2px;">AM Activities</p> <p>Walking Time</p> <p>Tai Chi exercises</p> <p>Alphabet Soup</p> <p>Dice Bowling</p> <p style="background-color: #ffff00; padding: 2px;">Music Therapy 10:30-11:15</p> <p style="background-color: #e6ffe6; padding: 2px;">PM activities</p> <p>Bocci</p> <p>Guess The Picture</p> <p>Sit down Exercise</p> <p>Trivia</p>	<p style="text-align: center; color: #800000; font-weight: bold;"><i>Jan 11</i></p> <p style="background-color: #e6e6fa; padding: 2px;">AM Activities</p> <p>Walking Time</p> <p>Tai Chi exercises</p> <p>Bean Bag Toss</p> <p>Sit Down Exercise</p> <p>Trivia Treasury</p> <p style="background-color: #e6ffe6; padding: 2px;">PM activities</p> <p>Bowling</p> <p>Flash Cards (United States)</p> <p>Real Mother Goose Book</p> <p>Velcro Floor Toss</p>	<p style="text-align: center; color: #800000; font-weight: bold;"><i>Jan 12</i></p> <p style="background-color: #e6e6fa; padding: 2px;">AM Activities</p> <p>Walking Time</p> <p>Tai Chi exercises</p> <p>Baseball Catcher</p> <p>Rhymes and Proverbs</p> <p>Sit down exercise</p> <p style="background-color: #e6ffe6; padding: 2px;">PM activities</p> <p>Basketball</p> <p>Finishing Lines</p> <p>Going To The Fair</p> <p>Horseshoes</p>	<p style="text-align: center; color: #800000; font-weight: bold;"><i>Jan 13</i></p> <p style="background-color: #e6e6fa; padding: 2px;">AM Activities</p> <p>Walking Time</p> <p>Tai Chi exercises</p> <p>Famous Faces and Places</p> <p>Air Darts</p> <p>Sit down exercise</p> <p style="background-color: #e6ffe6; padding: 2px;">PM activities</p> <div style="border: 1px solid black; padding: 2px; display: inline-block;">Sing-a-long/Walt</div> <p>Go Fish</p> <p>Name Game</p> <p>Noodle Ball</p> <p>Short Stories</p>	<p style="text-align: center; color: #800000; font-weight: bold;"><i>Jan 14</i></p> <p style="background-color: #e6e6fa; padding: 2px;">AM Activities</p> <p>Rise N Shine</p> <p>Tai Chi exercises</p> <p>Ball Toss</p> <p>Baseball Catcher</p> <p>Poetry</p> <p style="background-color: #e6ffe6; padding: 2px;">PM activities</p> <p>Alphabet Soup</p> <p>Bocce Ball</p> <p>Sing-a-long</p> <p>Sit down exercises</p>

Each Wednesday AM Rosary is offered to anyone interested. Catholic Communion is offered one Wednesday each month. On the second Tuesday each month Protestant Communion is offered. Each Thursday morning some folks gather for a Bible Study.

Adult Care of Chester County Club

January 16, 2012 - January 29, 2012

Each day activities include AM snack, lunch and PM snack

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p style="text-align: center; color: #800000; font-weight: bold;"><i>Jan 16</i></p> <p style="background-color: #e6e6fa; padding: 2px;">AM Activities</p> Walking Time Tai Chi exercises Backyard Toss Jokes Music Therapy 10:30-11:15 <p style="background-color: #90ee90; padding: 2px;">PM activities</p> Sit down Exercise Storytime Trivia Twister Toss	<p style="text-align: center; color: #800000; font-weight: bold;"><i>Jan 17</i></p> <p style="background-color: #e6e6fa; padding: 2px;">AM Activities</p> Walking Time Tai Chi exercises Music Ball Toss Noodle Baseball Sit down exercise <p style="background-color: #90ee90; padding: 2px;">PM activities</p> Poetry Ring Toss Tin Can Toss Who Am I ?	<p style="text-align: center; color: #800000; font-weight: bold;"><i>Jan 18</i></p> <p style="background-color: #e6e6fa; padding: 2px;">AM Activities</p> Walking Time Tai Chi exercises Clothes Pin Toss <div style="border: 1px solid black; padding: 2px; width: fit-content;">Ed P- the Music Man 10:30</div> <p style="background-color: #90ee90; padding: 2px;">PM activities</p> Dice Bowling Everyday Life Trivia How Things Have Changed Sit down Exercise	<p style="text-align: center; color: #800000; font-weight: bold;"><i>Jan 19</i></p> <p style="background-color: #e6e6fa; padding: 2px;">AM Activities</p> Walking Time Tai Chi exercises Chux Sit down exercise Storytime <p style="background-color: #90ee90; padding: 2px;">PM activities</p> Brain Drain Food Bingo Music Therapy 1:30-2:15	<p style="text-align: center; color: #800000; font-weight: bold;"><i>Jan 20</i></p> <p style="background-color: #e6e6fa; padding: 2px;">AM Activities</p> Walking Time Tai Chi exercises Ball Toss Penny Ante Sit Down Exercise <p style="background-color: #90ee90; padding: 2px;">PM activities</p> <div style="border: 1px solid black; padding: 2px; width: fit-content;">Sing-a-long/Walt</div> Alphabet Soup Casino Downs Golf Tic Tac Toe	<p style="text-align: center; color: #800000; font-weight: bold;"><i>Jan 21</i></p> <p style="background-color: #e6e6fa; padding: 2px;">AM Activities</p> Rise N Shine Tai Chi exercises Ball Toss Casino Downs Twenty Questions <p style="background-color: #90ee90; padding: 2px;">PM activities</p> Noodle Game Sensory Kits Tic Tac Toe Sit down exercises
<p style="text-align: center; color: #800000; font-weight: bold;"><i>Jan 23</i></p> <p style="background-color: #e6e6fa; padding: 2px;">AM Activities</p> Walking Time Tai Chi exercises Charades Magnetic Darts Sit Down Exercise <p style="background-color: #90ee90; padding: 2px;">PM activities</p> Basketball Kiss A Mule Cure A Cold Left Handed trivia Music Therapy 1:30-2:15	<p style="text-align: center; color: #800000; font-weight: bold;"><i>Jan 24</i></p> <p style="background-color: #e6e6fa; padding: 2px;">AM Activities</p> Walking Time Tai Chi exercises Air Darts Flash Cards Music Therapy 10:30-11:15 <p style="background-color: #90ee90; padding: 2px;">PM activities</p> Grab Bag Kickball Musical Memory Ball Shake Loose A Memory Sit down Exercise	<p style="text-align: center; color: #800000; font-weight: bold;"><i>Jan 25</i></p> <p style="background-color: #e6e6fa; padding: 2px;">AM Activities</p> Walking Time Tai Chi exercises Make Your Point More Clue Sit Down Exercise Twister Toss <p style="background-color: #90ee90; padding: 2px;">PM activities</p> Ring Toss Shake Awake A Taste Skee Ball Trivia	<p style="text-align: center; color: #800000; font-weight: bold;"><i>Jan 26</i></p> <p style="background-color: #e6e6fa; padding: 2px;">AM Activities</p> Walking Time Tai Chi exercises Ball Toss Fun and Games Ball Short Stories Sit Down Exercise <p style="background-color: #90ee90; padding: 2px;">PM activities</p> Bocci Chux Guess The Picture Name Game	<p style="text-align: center; color: #800000; font-weight: bold;"><i>Jan 27</i></p> <p style="background-color: #e6e6fa; padding: 2px;">AM Activities</p> Walking Time Tai Chi exercises Dice Bowling Sit down exercise Weekly Theme <p style="background-color: #90ee90; padding: 2px;">PM activities</p> <div style="border: 1px solid black; padding: 2px; width: fit-content;">Sing-a-long/Walt</div> Ball Toss Hoop Toss Poetry Would You Rather	<p style="text-align: center; color: #800000; font-weight: bold;"><i>Jan 28</i></p> <p style="background-color: #e6e6fa; padding: 2px;">AM Activities</p> Rise N Shine Memory Ball Tai Chi exercises Ball Toss Charades <p style="background-color: #90ee90; padding: 2px;">PM activities</p> Bowling Kickball Magnetic Darts Sit down exercises

Each Wednesday AM Rosary is offered to anyone interested. Catholic Communion is offered one Wednesday each month. On the second Tuesday each month Protestant Communion is offered. Each Thursday morning some folks gather for a Bible Study.

Adult Care of Chester County Club

January 30, 2012 - February 12, 2012

Each day activities include AM snack, lunch and PM snack

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p style="text-align: center; color: #800000; font-weight: bold;"><i>Jan 30</i></p> <p style="background-color: #e0e0ff; padding: 2px;">AM Activities</p> <p>Walking Time</p> <p>Tai Chi exercises</p> <p>Jokes</p> <p style="background-color: #ffffe0; padding: 2px;">Music Therapy 10:30-11:15</p> <p>Velcro Toss</p> <p style="background-color: #e0ffe0; padding: 2px;">PM activities</p> <p>Copter Darts</p> <p>Guess The Picture</p> <p>Memory Ball Toss</p> <p>Sit down Exercise</p> <p>Trivia</p> <div style="border: 1px solid black; padding: 5px; width: fit-content; margin: 5px auto;"> <p>Flora J's Birthday (30th)</p> </div>	<p style="text-align: center; color: #800000; font-weight: bold;"><i>Jan 31</i></p> <p style="background-color: #e0e0ff; padding: 2px;">AM Activities</p> <p>Walking Time</p> <p>Tai Chi exercises</p> <p>Charades</p> <p>Golf</p> <p>Sit down exercise</p> <p style="background-color: #e0ffe0; padding: 2px;">PM activities</p> <p>Musical Ball Toss</p> <p>Parachute</p> <p>Sensory Kit</p> <p>Short Movie</p>	<p style="text-align: center; color: #800000; font-weight: bold;"><i>Feb 1</i></p> <p style="background-color: #e0e0ff; padding: 2px;">AM Activities</p> <p>Walking Time</p> <p>Tai Chi exercises</p> <p>Hoop Toss</p> <p>Mind Joggers</p> <p>Sit down exercise</p> <p style="background-color: #e0ffe0; padding: 2px;">PM activities</p> <p>Ball Toss</p> <p>Bean Bag Toss</p> <p>Crossword Puzzle(Easy)</p> <p>Storytime</p>	<p style="text-align: center; color: #800000; font-weight: bold;"><i>Feb 2</i></p> <p style="background-color: #e0e0ff; padding: 2px;">AM Activities</p> <p>Walking Time</p> <p>Tai Chi exercises</p> <p>Alphabet Soup</p> <p>Sensory Kit</p> <p>Sit down exercise</p> <p style="background-color: #e0ffe0; padding: 2px;">PM activities</p> <p>Bingo</p> <p style="background-color: #ffffe0; padding: 2px;">Music Therapy 1:30-2:15</p> <p>Weekly Theme</p>	<p style="text-align: center; color: #800000; font-weight: bold;"><i>Feb 3</i></p> <p style="background-color: #e0e0ff; padding: 2px;">AM Activities</p> <p>Walking Time</p> <p>Tai Chi exercises</p> <p>Basketball</p> <p>Shake Awake</p> <p>Your Taste</p> <p style="background-color: #e0ffe0; padding: 2px;">PM activities</p> <div style="border: 1px solid black; padding: 2px; display: inline-block;"> <p>Sing-a-long/Walt</p> </div> <p>Casino Downs</p> <p>Go Fish</p> <p>Kickball</p> <p>Poetry</p> <p>Sit down Exercise</p>	<p style="text-align: center; color: #800000; font-weight: bold;"><i>Feb 4</i></p> <p style="background-color: #e0e0ff; padding: 2px;">AM Activities</p> <p>Rise N Shine</p> <p>Tai Chi exercises</p> <p>Ball Toss</p> <p>Music Trivia</p> <p>Parachute</p> <p style="background-color: #e0ffe0; padding: 2px;">PM activities</p> <p>Ring Toss</p> <p>Short Stories</p> <p>Skee Ball</p> <p>Sit down exercises</p>
<p style="text-align: center; color: #800000; font-weight: bold;"><i>Feb 6</i></p> <p style="background-color: #e0e0ff; padding: 2px;">AM Activities</p> <p>Walking Time</p> <p>Tai Chi exercises</p> <p>Sit Down Exercise</p> <p style="background-color: #e0ffe0; padding: 2px;">PM activities</p> <p style="background-color: #ffffe0; padding: 2px;">Music Therapy 1:30-2:15</p>	<p style="text-align: center; color: #800000; font-weight: bold;"><i>Feb 7</i></p> <p style="background-color: #e0e0ff; padding: 2px;">AM Activities</p> <p>Walking Time</p> <p>Tai Chi exercises</p> <p style="background-color: #ffffe0; padding: 2px;">Music Therapy 10:30-11:15</p> <p style="background-color: #e0ffe0; padding: 2px;">PM activities</p>	<p style="text-align: center; color: #800000; font-weight: bold;"><i>Feb 8</i></p> <p style="background-color: #e0e0ff; padding: 2px;">AM Activities</p> <p>Walking Time</p> <p>Tai Chi exercises</p> <p>Sit Down Exercise</p> <p style="background-color: #e0ffe0; padding: 2px;">PM activities</p>	<p style="text-align: center; color: #800000; font-weight: bold;"><i>Feb 9</i></p> <p style="background-color: #e0e0ff; padding: 2px;">AM Activities</p> <p>Walking Time</p> <p>Tai Chi exercises</p> <p style="background-color: #e0ffe0; padding: 2px;">PM activities</p>	<p style="text-align: center; color: #800000; font-weight: bold;"><i>Feb 10</i></p> <p style="background-color: #e0e0ff; padding: 2px;">AM Activities</p> <p>Walking Time</p> <p>Tai Chi exercises</p> <p style="background-color: #e0ffe0; padding: 2px;">PM activities</p> <div style="border: 1px solid black; padding: 2px; display: inline-block;"> <p>Sing-a-long/Walt</p> </div>	<p style="text-align: center; color: #800000; font-weight: bold;"><i>Feb 11</i></p> <p style="background-color: #e0e0ff; padding: 2px;">AM Activities</p> <p>Rise N Shine</p> <p>Tai Chi exercises</p> <p>Ball Toss</p> <p>Baseball Catcher</p> <p>Poetry</p> <p style="background-color: #e0ffe0; padding: 2px;">PM activities</p> <p>Alphabet Soup</p> <p>Bocce Ball</p> <p>Sing-a-long</p> <p>Sit down exercises</p>

Each Wednesday AM Rosary is offered to anyone interested. Catholic Communion is offered one Wednesday each month. On the second Tuesday each month Protestant Communion is offered. Each Thursday morning some folks gather for a Bible Study.