

Adult Care of Chester County - Longwood

July 31, 2017 - August 13, 2017

Each day activities include AM snack, walking, lunch and PM snack

Monday	Tuesday	Wednesday	Thursday	Friday
<i>Jul 31</i>	<i>Aug 1</i>	<i>Aug 2</i>	<i>Aug 3</i>	<i>Aug 4</i>
AM Activities	AM Activities	AM Activities	AM Activities	AM Activities
Rise N Shine	Rise N Shine	Rise N Shine	Rise N Shine	Rise N Shine
Tai Chi	Tai Chi	Tai Chi	Tai Chi	Tai Chi
Ladder Ball	Shake Loose A	Basket and Balls	Ball Toss	Hangman
Memory Ball	Memory	Call Out The Answer	Basketball	Music Therapy 10:45-11:30
Strengthening Your Mind	Twister Toss	Dice Bowling	This & That Trivia	Velcro Toss
PM Activities	PM Activities	PM Activities	PM Activities	PM Activities
Sit Down Exercise	Sit Down Exercise	Sit Down Exercise	Sit Down Exercise	Sit Down Exercise
Individual Activities	Individual Activities	Individual Activities	Individual Activities	Dancing and Singing
52 Weeks of Trivia	Use Your Noodle	Charades	Bowling	
Bocce		Outburst	Everyday Life Trivia	
		A Week at the Spa		
<i>Aug 7</i>	<i>Aug 8</i>	<i>Aug 9</i>	<i>Aug 10</i>	<i>Aug 11</i>
AM Activities	AM Activities	AM Activities	AM Activities	AM Activities
Rise N Shine	Rise N Shine	Rise N Shine	Rise N Shine	Rise N Shine
Tai Chi	Tai Chi	Tai Chi	Tai Chi	Tai Chi
Golf	Bill and Carol Lea	Ring Toss	Bocce	Charades
Horseshoes	Poetry / Reading	Skee-ball	Jingo	Music Therapy 10:45-11:30
You Be The Judge	PM Activities	Take A Guess Trivia	Twister Toss	PM Activities
PM Activities	Sit Down Exercise	PM Activities	PM Activities	Sit Down Exercise
Sit Down Exercise	Individual Activities	Sit Down Exercise	Sit Down Exercise	Dancing and Singing
Individual Activities	Bean Bag Toss	Individual Activities	Individual Activities	
Umbrella Toss	Proverbs and Sayings	Basketball	Activity Circle Trivia	
Where Am I?		Quizmania	Hoop Toss	
		Native American Pow Wow Week		

The 4th Tuesday of each month "Bible Study with June" is offered (2:00) to those who choose to take part.

Each month after Bill_Carolea complete their country music, they offer a gospel music session for those who choose to listen.

Adult Care of Chester County - Longwood

August 14, 2017 - August 27, 2017

Each day activities include AM snack, walking, lunch and PM snack

Monday	Tuesday	Wednesday	Thursday	Friday
<i>Aug 14</i>	<i>Aug 15</i>	<i>Aug 16</i>	<i>Aug 17</i>	<i>Aug 18</i>
AM Activities	AM Activities	AM Activities	AM Activities	AM Activities
Rise N Shine	Rise N Shine	Rise N Shine	Rise N Shine	Rise N Shine
Tai Chi	Tai Chi	Tai Chi	Tai Chi	Tai Chi
Darts	Black and Red Cards	Balloon Toss	Hot Potato	Music Therapy 10:45-11:30
Story Lines	Bucket Toss	Bowling	Noodle Game	Ring Toss
Target Toss	Tic Tac Toe	Mind Joggers	Sensory Kit	PM Activities
PM Activities	PM Activities	PM Activities	PM Activities	PM Activities
Sit Down Exercise	Sit Down Exercise	Sit Down Exercise	Sit Down Exercise	Sit Down Exercise
Individual Activities	Individual Activities	Individual Activities	Individual Activities	Dancing and Singing
Call Out The Answer	Casino Downs	Finishing Lines	Clue Trivia	
Dice Bowling	Food Trivia	Memory Ball	Dog House	
		Celebrity Chefs Week		
<i>Aug 21</i>	<i>Aug 22</i>	<i>Aug 23</i>	<i>Aug 24</i>	<i>Aug 25</i>
AM Activities	AM Activities	AM Activities	AM Activities	AM Activities
Rise N Shine	Rise N Shine	Rise N Shine	Rise N Shine	Rise N Shine
Tai Chi	Tai Chi	Tai Chi	Tai Chi	Tai Chi
Frog Hop	Balloon Volleyball	Ben Soffer's Slides	Charades	Basketball
Jingo	Magnetic Darts	Twister Toss	Go Fish	Music Therapy 10:45-11:30
Twister Toss	Outburst	PM Activities	This & That Trivia	PM Activities
PM Activities	PM Activities	Sit Down Exercise	PM Activities	PM Activities
Sit Down Exercise	Sit Down Exercise	Individual Activities	Sit Down Exercise	Sit Down Exercise
Individual Activities	Individual Activities	Airplane Toss	Individual Activities	Dancing and Singing
Hodge Podge Trivia	Nostalgic Trivia For Seniors	Strengthening Your Mind	Down Memory Lane	
Ladder Ball	Skeeball		Ring Toss	
		Fun Fly Week		

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Each month after Bill Carolea complete their country music, they offer a gospel music session for those who choose to listen.

Adult Care of Chester County - Longwood

August 28, 2017 - September 10, 2017

Each day activities include AM snack, walking, lunch and PM snack

Monday	Tuesday	Wednesday	Thursday	Friday
<i>Aug 28</i>	<i>Aug 29</i>	<i>Aug 30</i>	<i>Aug 31</i>	<i>Sep 1</i>
<div style="border: 1px solid black; background-color: #e0ffe0; padding: 2px; margin-bottom: 5px;">AM Activities</div> Rise N Shine Tai Chi Bocce Brain Drain Memory Ball <div style="border: 1px solid black; background-color: #e0ffe0; padding: 2px; margin-bottom: 5px;">PM Activities</div> Sit Down Exercise Individual Activities Alphabet Soup Velcro Toss	<div style="border: 1px solid black; background-color: #e0ffe0; padding: 2px; margin-bottom: 5px;">AM Activities</div> Rise N Shine Tai Chi Bowling Charades Darts Target Toss <div style="border: 1px solid black; background-color: #e0ffe0; padding: 2px; margin-bottom: 5px;">PM Activities</div> Sit Down Exercise Individual Activities Sound Track	<div style="border: 1px solid black; background-color: #e0ffe0; padding: 2px; margin-bottom: 5px;">AM Activities</div> Rise N Shine Tai Chi Animal Pictures Dice Bowling Hoop Toss <div style="border: 1px solid black; background-color: #e0ffe0; padding: 2px; margin-bottom: 5px;">PM Activities</div> Sit Down Exercise Individual Activities Add A Word Horse shoes	<div style="border: 1px solid black; background-color: #e0ffe0; padding: 2px; margin-bottom: 5px;">AM Activities</div> Rise N Shine Tai Chi Basketball Ladder Ball Pictionary <div style="border: 1px solid black; background-color: #e0ffe0; padding: 2px; margin-bottom: 5px;">PM Activities</div> Sit Down Exercise <div style="border: 1px solid black; background-color: #e0ffe0; padding: 2px; margin-bottom: 5px;">Ed The Music Man 1:30 PM</div> Individual Activities Summer Dance	<div style="border: 1px solid black; background-color: #e0ffe0; padding: 2px; margin-bottom: 5px;">AM Activities</div> Rise N Shine Tai Chi <div style="background-color: #ffe0ff; padding: 2px; margin-bottom: 5px; text-align: center;">Music Therapy 10:45-11:30</div> Skeeball <div style="border: 1px solid black; background-color: #e0ffe0; padding: 2px; margin-bottom: 5px;">PM Activities</div> Sit Down Exercise
		Cruise Week		
<i>Sep 4</i>	<i>Sep 5</i>	<i>Sep 6</i>	<i>Sep 7</i>	<i>Sep 8</i>
Individual Activities	<div style="border: 1px solid black; background-color: #e0ffe0; padding: 2px; margin-bottom: 5px;">AM Activities</div> Rise N Shine Tai Chi <div style="border: 1px solid black; background-color: #e0ffe0; padding: 2px; margin-bottom: 5px;">PM Activities</div> Sit Down Exercise Individual Activities	<div style="border: 1px solid black; background-color: #e0ffe0; padding: 2px; margin-bottom: 5px;">AM Activities</div> Rise N Shine Tai Chi <div style="border: 1px solid black; background-color: #e0ffe0; padding: 2px; margin-bottom: 5px;">PM Activities</div> Sit Down Exercise Individual Activities	<div style="border: 1px solid black; background-color: #e0ffe0; padding: 2px; margin-bottom: 5px;">AM Activities</div> Rise N Shine Tai Chi <div style="border: 1px solid black; background-color: #e0ffe0; padding: 2px; margin-bottom: 5px;">PM Activities</div> Sit Down Exercise Individual Activities	<div style="border: 1px solid black; background-color: #e0ffe0; padding: 2px; margin-bottom: 5px;">AM Activities</div> Rise N Shine Tai Chi <div style="background-color: #ffe0ff; padding: 2px; margin-bottom: 5px; text-align: center;">Music Therapy 10:45-11:30</div> <div style="border: 1px solid black; background-color: #e0ffe0; padding: 2px; margin-bottom: 5px;">PM Activities</div> Sit Down Exercise

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