

Adult Care of Chester County - Friendship Circle

July 31, 2017 - August 13, 2017

Each day activities include AM snack, lunch, PM snack, walking program, exercise and more.

Monday	Tuesday	Wednesday	Thursday	Friday
<p><i>Jul 31</i></p> <p>AM Activities</p> <p>Rise N Shine</p> <p>Tai Chi exercises</p> <p>Flower Pictures</p> <p>Stretching Exercises</p> <p>Music Therapy 10:30-11:15</p> <p>PM Activities</p> <p>Music Therapy 1:30-2:15</p> <p>Movie Matinee</p> <p>Name that Sound</p> <p>Sensory Kit</p>	<p><i>Aug 1</i></p> <p>AM Activities</p> <p>Rise N Shine</p> <p>Tai Chi exercises</p> <p>Music Listening</p> <p>Sensory Kit</p> <p>Stretching Exercises</p> <p>PM Activities</p> <p>Baking</p> <p>Proverbs</p> <p>Sit down Exercise</p>	<p><i>Aug 2</i></p> <p>AM Activities</p> <p>Rise N Shine</p> <p>Tai Chi exercises</p> <p>Animal Flash Csrd</p> <p>Sequence Games</p> <p>Stretching Exercises</p> <p>PM Activities</p> <p>Exercise</p> <p>Sensory Kit</p> <p>Dorothy D's Birthday</p>	<p><i>Aug 3</i></p> <p>AM Activities</p> <p>Rise N Shine</p> <p>Tai Chi exercises</p> <p>Dr Seuss Book Reading</p> <p>Shapes</p> <p>Storylines</p> <p>PM Activities</p> <p>Music Therapy 1:30-2:15</p> <p>Animal Video</p> <p>Proverbs</p> <p>Sit down Exercise</p>	<p><i>Aug 4</i></p> <p>AM Activities</p> <p>Rise N Shine</p> <p>Tai Chi exercises</p> <p>Current Events</p> <p>Shake Out The Truth</p> <p>Stretching Exercises</p> <p>PM Activities</p> <p>Sing-a-long/Walt</p> <p>Massage / Relaxation</p> <p>Poems</p> <p>Sit down Exercise</p>
		A Week at the Spa		
<p><i>Aug 7</i></p> <p>AM Activities</p> <p>Rise N Shine</p> <p>Tai Chi exercises</p> <p>Coloring</p> <p>Music Therapy 10:30-11:15</p> <p>Sit down Exercise</p> <p>Story Time</p> <p>PM Activities</p> <p>Music Therapy 1:30-2:00</p> <p>Balloon Toss</p> <p>Everyday Flash Cards</p>	<p><i>Aug 8</i></p> <p>AM Activities</p> <p>Rise N Shine</p> <p>Tai Chi exercises</p> <p>Music Therapy 10:30-11:15</p> <p>Name 3</p> <p>Phonics Flash Cards</p> <p>Simon Says</p> <p>PM Activities</p> <p>Chocolate Chip Cookie Book</p> <p>National Geographics</p> <p>Stretching Exercises</p>	<p><i>Aug 9</i></p> <p>AM Activities</p> <p>Rise N Shine</p> <p>Tai Chi exercises</p> <p>Pass The Hat</p> <p>Sensory Kit</p> <p>Sit down Exercise</p> <p>PM Activities</p> <p>Music Listening</p> <p>Name That Color</p> <p>Bill & Carol Lea 2:00</p>	<p><i>Aug 10</i></p> <p>AM Activities</p> <p>Rise N Shine</p> <p>Tai Chi exercises</p> <p>Grooming</p> <p>Phonics Flash Cards</p> <p>Sensory Time</p> <p>PM Activities</p> <p>Music Therapy 1:30-2:15</p> <p>Hand Massage</p> <p>Opposites</p> <p>Read Magazines</p> <p>Sensory Balls</p>	<p><i>Aug 11</i></p> <p>AM Activities</p> <p>Rise N Shine</p> <p>Tai Chi exercises</p> <p>Multi group Volleyball 10:00</p> <p>Phonics Flash Cards</p> <p>PM Activities</p> <p>Sing-a-long/Walt</p> <p>Movie Matinee</p>
		Native American Pow Wow Week		

Each Wednesday morning Rosary is offered to anyone interested. Catholic Communion is offered every Wednesday morning. On the 3rd Wednesday each month Protestant Communion is offered. Each Thursday morning some participants gather for a Bible Study.

Adult Care of Chester County - Friendship Circle

August 14, 2017 - August 27, 2017

Each day activities include AM snack, lunch, PM snack, walking program, exercise and more.

Monday	Tuesday	Wednesday	Thursday	Friday
<p><i>Aug 14</i></p> <p>AM Activities</p> <p>Rise N Shine</p> <p>Tai Chi exercises</p> <p>Grooming</p> <p>Sticker Book</p> <p>Music Therapy 10:30-11:15</p> <p>PM Activities</p> <p>Music Therapy 1:30-2:15</p> <p>Baking</p> <p>Ball Toss</p>	<p><i>Aug 15</i></p> <p>AM Activities</p> <p>Rise N Shine</p> <p>Tai Chi exercises</p> <p>Amazing Facts</p> <p>Black and Red Card Game</p> <p>Sit down Exercise</p> <p>PM Activities</p> <p>Do You Hear What I Hear?</p> <p>Large Group Enhanced Exercise 2:00</p> <p>Proverbs</p>	<p><i>Aug 16</i></p> <p>AM Activities</p> <p>Rise N Shine</p> <p>Tai Chi exercises</p> <p>Movie Matinee</p> <p>PM Activities</p> <p>Ball Toss</p> <p>Coloring</p> <p>Craft</p>	<p><i>Aug 17</i></p> <p>AM Activities</p> <p>Rise N Shine</p> <p>Tai Chi exercises</p> <p>Ball Toss</p> <p>Chocolate Chip Cookie Book</p> <p>Proverbs</p> <p>PM Activities</p> <p>Music Therapy 1:30-2:15</p> <p>Penny Ante</p> <p>Sit down Exercise</p> <p>Skeeball</p>	<p><i>Aug 18</i></p> <p>AM Activities</p> <p>Rise N Shine</p> <p>Tai Chi exercises</p> <p>Bean Bag Toss</p> <p>Pizza Book</p> <p>PM Activities</p> <p>Sing-a-long/Walt</p> <p>Pass The Hat</p> <p>Poems</p> <p>Sit down Exercise</p>
		Celebrity Chefs Week		
<p><i>Aug 21</i></p> <p>AM Activities</p> <p>Rise N Shine</p> <p>Tai Chi exercises</p> <p>Music Therapy 10:30-11:15</p> <p>Sensory Film</p> <p>Sit down Exercise</p> <p>Story Time</p> <p>PM Activities</p> <p>Music Therapy 1:30-2:00</p> <p>Bubbles</p> <p>Stretching Exercises</p>	<p><i>Aug 22</i></p> <p>AM Activities</p> <p>Rise N Shine</p> <p>Tai Chi exercises</p> <p>Music Therapy 10:30-11:15</p> <p>Shel Silverstein's Book "Falling Up"</p> <p>Sit down Exercise</p> <p>PM Activities</p> <p>Multi group Volleyball 1:30</p> <p>Rhymes and Proverbs</p> <p>Sensory Balls</p>	<p><i>Aug 23</i></p> <p>AM Activities</p> <p>Rise N Shine</p> <p>Tai Chi exercises</p> <p>Baking Demonstration</p> <p>Flash Cards</p> <p>Sit down Exercise</p> <p>PM Activities</p> <p>Food Kit</p> <p>Musical Movement</p> <p>Read Magazines</p>	<p><i>Aug 24</i></p> <p>AM Activities</p> <p>Rise N Shine</p> <p>Tai Chi exercises</p> <p>Balloon Toss</p> <p>Sensory Sand</p> <p>PM Activities</p> <p>Music Therapy 1:30-2:15</p> <p>Movie Matinee</p> <p>Simon Says</p>	<p><i>Aug 25</i></p> <p>AM Activities</p> <p>Rise N Shine</p> <p>Tai Chi exercises</p> <p>Coloring</p> <p>Sit down Exercise</p> <p>Story Time</p> <p>PM Activities</p> <p>Sing-a-long/Walt</p> <p>Grooming</p> <p>Music Listening</p>
		Fun Fly Week		

Each Wednesday morning Rosary is offered to anyone interested. Catholic Communion is offered every Wednesday morning. On the 3rd Wednesday each month Protestant Communion is offered. Each Thursday morning some participants gather for a Bible Study.

Adult Care of Chester County - Friendship Circle

August 28, 2017 - September 10, 2017

Each day activities include AM snack, lunch, PM snack, walking program, exercise and more.

Monday	Tuesday	Wednesday	Thursday	Friday
<p><i>Aug 28</i></p> <p>AM Activities</p> <p>Rise N Shine</p> <p>Tai Chi exercises</p> <p>Animal Pictures</p> <p>Ball Toss</p> <p>Music Therapy 10:30-11:15</p> <p>PM Activities</p> <p>Music Therapy 1:30-2:15</p> <p>Bean Bag Toss</p> <p>Chicken Soup For The Soul Christmas Stories</p> <p>Proverbs</p>	<p><i>Aug 29</i></p> <p>AM Activities</p> <p>Rise N Shine</p> <p>Tai Chi exercises</p> <p>Black and Red Card Game</p> <p>Pizza Book</p> <p>Simon Says</p> <p>Sit down Exercise</p> <p>PM Activities</p> <p>Sit down Exercise</p> <p>Stretching Exercises</p> <p>Twenty Questions</p>	<p><i>Aug 30</i></p> <p>AM Activities</p> <p>Rise N Shine</p> <p>Tai Chi exercises</p> <p>I Spy</p> <p>National Geographic Video</p> <p>PM Activities</p> <p>Skeeball</p> <p>You Be The Judge</p>	<p><i>Aug 31</i></p> <p>AM Activities</p> <p>Rise N Shine</p> <p>Tai Chi exercises</p> <p>Grooming</p> <p>Nursery Rhymes</p> <p>Poetry</p> <p>PM Activities</p> <p>Music Therapy 1:30-2:15</p> <p>Chux</p> <p>Sit down Exercise</p> <p>Volleyball</p>	<p><i>Sep 1</i></p> <p>AM Activities</p> <p>Rise N Shine</p> <p>Tai Chi exercises</p> <p>Movie Matinee</p> <p>Sensory Kit</p> <p>PM Activities</p> <p>Sing-a-long/Walt</p> <p>Guess My Job</p> <p>Hand Jives</p> <p>Name 3</p> <p>Sit down Exercise</p>
		Cruise Week		
<p><i>Sep 4</i></p> <p>Music Therapy 10:30-11:15</p> <p>Sit down Exercise</p> <p>Music Therapy 1:30-2:00</p>	<p><i>Sep 5</i></p> <p>AM Activities</p> <p>Rise N Shine</p> <p>Tai Chi exercises</p> <p>Music Therapy 10:30-11:15</p> <p>Phonics Flash Cards</p> <p>PM Activities</p>	<p><i>Sep 6</i></p> <p>AM Activities</p> <p>Rise N Shine</p> <p>Tai Chi exercises</p> <p>Sit down Exercise</p> <p>PM Activities</p>	<p><i>Sep 7</i></p> <p>AM Activities</p> <p>Rise N Shine</p> <p>Tai Chi exercises</p> <p>Phonics Flash Cards</p> <p>PM Activities</p> <p>Music Therapy 1:30-2:15</p>	<p><i>Sep 8</i></p> <p>AM Activities</p> <p>Rise N Shine</p> <p>Tai Chi exercises</p> <p>Multi group Volleyball 10:00</p> <p>Phonics Flash Cards</p> <p>PM Activities</p> <p>Sing-a-long/Walt</p>

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